

## **SHARING**

Hymns (What we're praising God for):

Lessons (What God is teaching us):

Requests (What we're asking God to do):

---

## **REFLECTION QUESTIONS**

Read the passage (Ephesians 1:3-10) and answer the following questions:

1. What stands out most and why?
  2. What does the passage reveal to us about God?
  3. What does the passage reveal to us about ourselves?
  4. What are the immediate application points?
- 

## **DEEPER DISCUSSION**

1. On Sunday we mentioned that "blessed" in v. 3 could also be translated "bless-worthy." In what ways has God shown himself to be worthy of praise or blessing in your life?
2. Verse 4 explains that we are "chosen in Him" before the foundation of the world. How does God's desire and choice to save you bring encouragement to you?
3. What does it mean that God desires us to be "holy and blameless" before Him? Why would He want us to be set apart for Him in that way?
4. In verses 5-6 we see that God adopted us into His family through Christ. How is adoption a perfect illustration of how God has treated us?
5. Who are the people who would be most encouraged by this Gospel message of adoption into God's family? How could our church minister better to those who feel isolated and disconnected?
6. Salvation (our blessing, our election, our adoption, our redemption) is grounded in the eternal counsel of God's will and is according to his purposes. Why is that important and necessary to keep in mind as we face the day-to-day trials of this life?